

THE BARN PUB & GRILLE

Gluten Free Menu



Appetizers

Potato Skins \$6.95

Potato skins served loaded with a blend of cheeses, topped with bacon and served with sour cream

Baked Artichoke Hearts \$6.95

Artichoke hearts baked in garlic butter and topped with cheddar cheese

Chicken Tenders \$7.95

Fresh chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer and served with sweet & sour or honey mustard sauce

Loaded Chili Nachos \$8.95

A pile of nacho chips covered with chili and cheese, garnished with lettuce, tomato, jalapeño peppers, black olives, onions and served with a side of salsa and sour cream

Buffalo Tenders \$7.95

Fresh chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer and tossed in our own special hot sauce and served with carrot sticks, celery and bleu cheese dip

Salads

Garden Salad \$2.50 Small \$4.50 Large

A medley of greens, tomatoes, cucumbers, green peppers and black olives

Tuscany Salad \$8.95

Grilled chicken over mixed greens with roasted red peppers, fresh mozzarella cheese, tomatoes, cucumbers and artichoke hearts drizzled with a roasted garlic balsamic dressing

Chef's Salad \$6.95

Our large garden salad topped with ham, turkey, cheese and tuna

Barn Cobb Salad \$7.95

A large salad with grilled chicken, cheese, bacon, black olives and a hard-boiled egg

GF dressings and dipping sauces: Italian, Raspberry Vinaigrette, Parmesan Peppercorn, Balsamic Vinaigrette, Bleu Cheese and Honey Dijon Mustard

Sandwiches

★ **Roast Beef Sandwich** \$7.95

Roast beef, romaine lettuce, tomatoes, American cheese and a spicy horseradish sauce placed on Gillian's gluten free bun

★ **1/2 lb. Barn Burger** \$7.95

Angus ground beef served with your choice of toppings and placed on a Gillian's gluten free bun

Fried Haddock Sandwich \$9.95

Fresh North Atlantic haddock hand breaded in our special gluten free coating, deep fried in a specially designated fryer and topped with American cheese placed on a Gillian's gluten free bun with lettuce and tomato

Corned Beef Reuben \$8.95

Corned beef topped with sauerkraut and thousand island dressing and placed on a Gillian's gluten free bun

Turkey Club Sandwich \$8.95

Turkey, bacon, lettuce, tomato, mayonnaise placed on a Gillian's gluten free bun

Ham Sandwich \$6.95

Ham, Swiss cheese, bacon, lettuce, tomatoes and mayonnaise

All-American Chicken Sandwich \$8.95

Grilled chicken breast topped with American cheese, bacon, lettuce and tomato and placed on a Gillian's gluten free bun

Buffalo Chicken Sandwich \$8.95

Breast of chicken hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, tossed in a spicy buffalo sauce, with lettuce, tomato, bleu cheese and placed on a Gillian's gluten free bun

★ SOME OF THESE MENU ITEMS MAY BE SERVED RAW OR UNDERCOOKED, HOWEVER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY OR SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS. THOROUGH COOKING OF SUCH FOODS REDUCES THE RISK OF ILLNESS.

Dinner Entrees

★	Marinated Steak Tips	\$13.95
	<i>Marinated in our own secret marinade and served with choice of baked potato, mashed potato or pub fries</i>	
★	12 oz. Pub Steak	\$14.95
	<i>A delicious flat iron steak topped with a bleu cheese butter served with choice of baked potato, mashed potato or pub fries</i>	
	Grilled Lemon Pepper Chicken	\$8.95
	<i>served with choice of baked potato, mashed potato or pub fries</i>	
	Grilled Lemon Pepper Haddock	\$9.95
	<i>served with choice of baked potato, mashed potato or pub fries</i>	
	Chicken Parmesan	\$10.95
	<i>Breast of chicken hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, topped with sauce and mozzarella cheese and served over gluten free penne pasta</i>	
	Veal Parmesan	\$12.95
	<i>Tender Veal hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, topped with sauce and mozzarella cheese and served over gluten free penne pasta</i>	
	Haddock (Broiled or Fried)	\$12.95
	<i>Fresh North Atlantic haddock served broiled or hand breaded in our special gluten free rice coating and deep fried in a specially designated fryer, and served with choice of baked potato, mashed potato or pub fries</i>	
	Fish 'n Chips	\$10.95
	<i>Fresh North Atlantic haddock pieces hand breaded in our special gluten free coating, deep fried in a specially designated fryer and served in a basket with pub fries and cole slaw</i>	
	Fried Shrimp	\$11.95
	<i>Hand breaded in our special gluten free coating, deep fried in a specially designated fryer served with choice of cocktail sauce or tartar sauce for dipping, pub fries and cole slaw</i>	
	Chicken Finger Basket	\$8.95
	<i>Chicken tenderloins hand breaded in our special gluten free rice coating, deep fried in a specially designated fryer, and served with choice of sweet & sour or honey dijon sauce for dipping and served with pub fries</i>	

Desserts

Vanilla Ice Cream	\$1.75	Brownie Sundae	\$4.95
<i>topped with choice of chocolate sauce or strawberries with whipped cream</i>		<i>Vanilla ice cream, hot fudge and whipped cream over a warm gluten free chocolate fudge brownie</i>	

Beer

Redbridge	\$3.95
<i>Anheuser-Busch's gluten free beer made from sorghum, a safe grain for those allergic to wheat or gluten</i>	

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Please be sure to notify our waitstaff of your gluten free needs to ensure your safe dining experience. All fried gluten free items are fried in a specially designated fryer to avoid cross contamination. Food is handled with clean utensils and prepped away from gluten containing items. The Barn Pub & Grille's owners have nine years of personal experience dealing with gluten intolerance and would like to assure you we will handle your gluten free needs with special care. Thank you and enjoy your gluten free dining!